

WELLNESS CENTER: HEALTH AND COUNSELING SERVICES

MISSION STATEMENT

The Wellness Center of Mount St. Joseph University espouses a holistic approach to the ongoing process of human development. The Center is committed to providing a safe environment that advocates, educates, and encourages the physical, spiritual, and psychological well-being of the Mount students. We are a Safe Zone for all students.

COUNSELING SERVICES

Counseling Services provides mental health counseling and psycho-educational programming which promote the psychological and emotional health of the campus community. Counseling services is staffed by licensed mental health professionals who offer mental health counseling to all enrolled students at no additional fee to the student. Until further notice, all counseling will be conducted by tele-health. More information found on:

https://mymount.msj.edu/ICS/Mount_Community/Wellness_Center/Counseling_Services.jnz

HEALTH SERVICES

Health Services provides medical care, programs and education to the campus community. The office is staffed by a full-time Registered Nurse and a full-time Medical Assistant. Nursing visits are available to all students free of charge. **Until further notice, students must make an appointment to see the nurse or doctor.** Physicians are available for scheduled visits for a \$15.00 fee.

Services provided include:

- Immunizations - TDaP, Hepatitis B and Influenza (Flu)
- TB tests (1-step and 2-step) and allergy shots (coordinated with allergist's office)
- Blood pressure monitoring
- Lab work, which is billed to your insurance through Tri-Health Labs
- Continuity of care of long term conditions (i.e. depression, ADHD, asthma)
- Employment, pre-participation and pre-op physical examinations

Updated information can be found on:

https://mymount.msj.edu/ICS/Mount_Community/Wellness_Center/Health_Services.jnz

All services are confidential and comply with both HIPAA and FERPA privacy rules. Health and Counseling records are not part of a student's academic file.

LOCATION AND HOURS

Harrington Center Student Development Suite

Counselor Hours: Monday through Friday from 8:30 a.m. – 5:30 p.m.

Late afternoon or early evening hours are available by request.

Nurse Hours: Monday through Friday from 8:30 a.m. – 4:30 p.m.

Physician Hours: Monday 10 a.m. – 1 p.m., Tuesday, Weds. and Friday 12 p.m. – 1 p.m.

Subject to change

To make an appointment, call:

Health Services: 513-244-4769 | Counseling Services: 513-244-4949

Mount St. Joseph University ("the University") is committed to providing an educational and employment environment free from discrimination or harassment on the basis of race, color, national origin, religion, sex, age, disability, sexual orientation or other minority or protected status. This commitment extends to the University's administration of its admission, financial aid, employment, and academic policies, as well as the University's athletic programs and other University-administered programs, services, and activities.

The University has designated the chief compliance and risk officer, 513-244-4393, Office of the President, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Title IX of the Education Amendments of 1972 and other applicable federal and state civil rights laws. The University has designated the director of Learning Center & Disabilities Services, 513-244-4524, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Section 504 of the Rehabilitation Act of 1973.

