



MOUNT ST. JOSEPH
UNIVERSITY

Student Wellness Check Flow Chart

3.1.19

Concerned About a Student?
Signs of Distress: excessive absences | plummeting academic performance | self-isolation | poor personal hygiene | unable to control emotions or behavior | interpersonal dependency | engaging in high risk behavior | over-exercising | alludes/expresses emotional distress.

Assess: Is this is an Emergency?
1) Is there immediate danger of harm to self or others?
2) Is the student behaving in a threatening or violent manner?
3) Does the student seem out of touch with reality?
4) Does anything else about the situation seem threatening or dangerous?
(Yes to any of these = Emergency)

Bring student to Campus Police
or
Call Campus Police: 513-244-4226
(or dial "0" from campus phone)
or
Call 911

Refer to Wellness Center
Call Wellness Center Director: 513-244-4371

AFTER HOURS?
On Call Counselor: 513-807-2516

Consult a Campus Resource:

Wellness Center	
Front Desk	513-244-4949
Health Services	513-244-4769
Residence Life (Is the student a Resident?)	513-244-4465
Dean of Students (Care Committee)	513-244-4466
Campus Police	513-244-4226
Anonymous Reporting	513-244-TIPS (8472)
Title IX Coordinator	513-244-4393
Associate Provost for Academic Support	513-244-4630

Though not an emergency, is it urgent?
Is the student exhibiting unhealthy psychological behavior, showing apparent impaired behavior, or not acting as usual?

Do I have a relationship with the student?

Speak Directly with the Student

- 1) Schedule a 1-1 meeting.
- 2) Let someone else in your department know of the meeting so they can be available if necessary.
- 3) Tell student what you've noticed about their behavior that has caused your concern.
- 4) Ask open-ended questions; avoid "Why" questions.
- 5) Listen to student's response.
- 6) Deal directly with issues without judgment.
- 7) Restate what you have heard.
- 8) Make a referral.