



MOUNT ST. JOSEPH
UNIVERSITY

Service Learning

Career & Experiential Education Center

Guided Reflection

Name: _____

Course: _____

Community Partner: _____

1. What is your community partner's mission? Why do they exist?

2. What in-demand skills were you able to develop through your service learning experience? How will these skills help you professionally in the future?

3. How has this experience helped you to communicate appropriately and effectively?

4. How has this experience helped you to acknowledge your own personal biases, prejudices, or stereotypes about people who aren't like you?

5. How has this experience shed light on your own privilege? How has your experience shed light on inequality in Greater Cincinnati/ Northern Kentucky?

6. How has your service learning experience helped you to become a better citizen?

7. What connections were you able to make between your coursework and your service learning experience?

Twofold Panel Activity:

Side 1: Choose 3 of your core values that you were able to strengthen over this past semester through your service learning experience. What are they, and what do they mean to you?

Values are things that you find to be important in life, and guide your life's work.

Examples: Integrity, stewardship, acceptance

Side 2: How can you live out those values in the future in concrete ways? Give specific examples.

Side 1: Values	Side 2: Values in Action