



MOUNT ST. JOSEPH UNIVERSITY®

# MSJ & Be Concerned Food Pantry Monthly Order Form



**Delivery takes place from 4:00-5:00 in Seton Center**

Be Concerned, Inc. (1100 W. Pike St., Covington, KY 41011) is happy to support Mount St. Joseph University students with basic necessity food assistance at no cost. Be Concerned, Inc. is one of the largest food pantries in Northern Kentucky and a proud Mount Community partner. Food deliveries will occur monthly during the academic year near the Seton Center fountain. In order to participate in this food delivery visit, students must submit their order forms to Wellness.Center@msj.edu no later than noon on the Monday directly before the delivery date.

**Be Concerned Inc. Mission Statement:**

Be Concerned is deeply committed to honoring the dignity and humanity of all persons. its purpose is to assist low-income people of Northern Kentucky in obtaining basic necessities for life.

**Mount St. Joseph University Mission Statement:**

Mount St. Joseph University is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity of Cincinnati. The University educates its students through interdisciplinary liberal arts and professional curricula emphasizing values, integrity and social responsibility. Members of the Mount community embrace: excellence in academic endeavors; the integration of life and learning; respect and concern for all persons; diversity of cultures and beliefs; service to others.

Student Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Personal email: \_\_\_\_\_

Please circle one: Resident    Commuter  
Student Athlete?    Yes    No

Do you have a University Meal Plan? (having a meal plan does not disqualify you )    Yes    No

Class Level: Freshman    Sophomore    Junior    Senior    Graduate

Gender: Male    Female    Other    Prefer not to say

Do you have children under 18? Yes age(s) \_\_\_\_\_ No

Ethnic Background: African American/Black    Asian    Caucasian/White    Hispanic  
Multiracial    Native American    Other



# Pick and Pack Menu for Offsite Delivery

Student Name: \_\_\_\_\_

How Many in Your Household? \_\_\_\_\_

Date: \_\_\_\_\_

The People's Pantry

Please CIRCLE the items in the table that you would like in your food box. Food orders must be received in the Wellness Center by noon on the Monday prior to the delivery date. Please submit all orders to Wellness.Center@msj.edu or drop off paper copies to the Wellness Center in Harrington Center.

<b>Canned Fruit- Select 1</b> Peaches Pears Apple Sauce Mixed Fruit	<b>Mac &amp; Cheese PLUS Pasts- Select 1</b> Rice Spaghetti Elbows Egg Noodles	<b>Soups- Select 2</b> Chicken Noodle Vegetable Tomato Cream of Mushroom	Apples Oranges Tomatoes Zuchhini Squash
<b>Canned Beans- Select 1</b> Baked Beans Pork & Beans Black Beans Red Beans	<b>Meats- Select 3</b> Beef Chicken Turkey Pork	<b>Canned Veggies- Select 1</b> Peas Carrots Mixed Vegetables	<b>White Milk</b> ½ Gallon Gallon <b>Chocolate Milk</b> ½ Gallon Gallon
<b>Canned Protein- Select 1</b> Ravioli Beef Stew Chili w/Beans	<b>Bakery</b> Cake Doughnuts Cookies Muffins	<b>White Bread OR Wheat Bread</b>	<b>Pasta Sauce OR Diced Tomatoes</b>
<b>Peanut Butter</b>	<b>Canned Corn</b>	<b>Green Beans</b>	<b>Eggs</b>
<b>Ramen Noodle Pack</b>	<b>Cereal -OR- Oatmeal</b>	<b>2 Toilet Paper Rolls OR 1 Paper Towel Roll</b>	<b>Extras: Potatoes Onions Chips/Crackers</b>

Please list anything else, even non-food items that you need, but is not listed above: