



MOUNT ST. JOSEPH UNIVERSITY



# MSJ Be Concerned Food Pantry Visit

Monthly Visits | 4–5:30 p.m. | MSJ Parking Garage



Be Concerned Inc. (1100 W Pike St, Covington, KY 41011) is happy to support Mount students with basic necessity food assistance at no cost. Be Concerned Inc. is one of the largest food pantries in Northern Kentucky and a proud Mount community partner. Food deliveries will occur monthly during the academic year, as a drive thru on the ground floor of the MSJ Parking Garage. In order to participate in this food delivery visit, **students must submit their forms to [student.affairs@msj.edu](mailto:student.affairs@msj.edu) no later than noon the Monday directly before the delivery date.** *Don't forget to bring your bags!*

### Be Concerned Inc. Mission Statement:

Be Concerned is deeply committed to honoring the dignity and humanity of all persons. Its purpose is to assist low-income people of Northern Kentucky in obtaining basic necessities for life.

### Mount St. Joseph University Mission Statement:

Mount St. Joseph University is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity. The University educates its students through interdisciplinary liberal arts and professional curricula emphasizing values, integrity and social responsibility. Members of the Mount community embrace: excellence in academic endeavors; the integration of life and learning; respect and concern for all persons; diversity of cultures and beliefs; service to others.

Student Name:

Cell Number:

Personal Email:

Are you a resident or a commuter?

Commuter

Resident

Are you a student athlete?

No

Yes

Do you have a University meal plan? (Having a meal plan will not disqualify you.)

No

Yes

What is your class level?

Freshman

Sophomore

Junior

Senior

Graduate

What is your gender?

Male

Female

Other

Do you have children under the age of 18?

Yes

No

What is your ethnic background?

White/Caucasian

African American

Hispanic

Asian/Asian American

Native American

Multiracial

Other

## MARK YOUR CALENDAR! BE CONCERNED FOOD PANTRY MSJ VISIT DATES:



Wednesday, September 8, 2021

Wednesday, January 12, 2022

Wednesday, October 13, 2021

Wednesday, February 9, 2022

Wednesday, November 10, 2021

Wednesday, March 2, 2022

Wednesday, December 1, 2021

Wednesday, April 13, 2022

Wednesday, May 5, 2022



## PICK AND PACK MENU FOR OFFSITE DELIVERY

Student Name	Date:
How many in your household:	

Please select the items in the table below that you would like in your food box. Deliveries are set for the 1st Wednesday of the month, but **you must submit your order to student.affairs@msj.edu no later than noon the Monday directly before the delivery date.**

<b>Canned Fruit - <i>Select 1</i></b> Peaches Pears Apple Sauce	<b>Canned Beans - <i>Select 1</i></b> Baked Beans Pork and Beans Black Beans Red Beans	<b>Soups - <i>Select 1</i></b> Chicken Noodle Vegetable Beef Tomato	<b>Meats - <i>Select 3</i></b> Beef Chicken/Turkey Pork
<b>Canned Corn</b>	<b>Buns</b>	<b>Bread</b> White Bread Wheat Bread	<b>Snacks</b> Chips Crackers
<b>Green Beans</b>	<b>Eggs</b>	Mac & Cheese	<b>Ramen Noodle Pack</b>
<b>Canned Veggies</b> Peas Carrots Mixed Vegetables	<b>Canned Tomatoes</b> Diced Sauced	<b>Pasta - <i>Select 1</i></b> Rice Spaghetti Elbows Egg Noodles	<b>Peanut Butter</b>
<b>Tuna</b>	<b>Canned Protein</b> Ravioli Stew Chili	<b>Cereal</b> Toasty O's Crispy Rice Corn Flakes Oatmeal	<b>Bakery</b> Cake Doughnuts Cookies Muffins
<b>Extra Items</b> Toilet Paper Bagels	<b>Cooler 1</b> Yogurt Milk Extra Eggs	<b>Cooler 2</b> Salad Mix Potatoes Onions	<b>Cooler 3</b> Apples Oranges Tomatoes Zucchini Squash

Please list here anything else, even non-food items, you are in need of that are not listed on the above menu: